may affect personalized treatment. Contains new information on compliance-enhancing interventions, cognitive behavioral treatments, behavioral management, and other psychosocial interventions. Includes neurobiological, molecular, and behavioral theories of addiction, and evaluates a variety of medications. Contains up-to-date information throughout, including a new definition of status epilepticus, a current overview of Lennox Gastaut syndrome, and updates on new FDA-approved drugs for pediatric convulsive disorders. Programs expanded sections on evidence-based treatment options including pharmacotherapy, pharmacogenetics, and personalized vaccines. Addresses addiction as it impacts specific populations, including adolescents, pregnant women, and health care professionals. Includes contributions from expert international authors, making this a truly global reference to addiction medicine.

Quitting Smoking and Vaping For Dummies
Charles H. Elliott 2020-01-22 Give up smoking and vaping for good! Most people know that smoking is bad for their health and believe vaping is a better alternative. Now, vaping has become a national epidemic with crisis on its way. Quitting Smoking & Vaping For Dummies delivers facts about the differences between smoking and vaping, the effects on your short-term and long-term health, and how addiction works. Whether you’re a smoker or a vaper, or have a loved one that needs to break the habit, this trusted guidebook walks you through building a personal quitting plan. Offering information on new and effective medication treatments, Cognitive Behavior Therapy (CBT), and building resilience, it sets you or a family member on the path to recovery. This book breaks down the psychology of your addiction so you can identify the methods that are most useful and effective for breaking the habit for good. Start your recovery today, and look forward to a long and healthy life.

Adolescent Health Care
Lawrence S. Neinstein 2008 This practical, easy-to-use guide is a staple in health care facilities that treat adolescents, is widely used for board preparation, and is recommended by the American College of Physicians for their internal medicine library. The substance abuse section has been completely revised, and new chapters cover psychosomatic illness as well as complementary medicine.